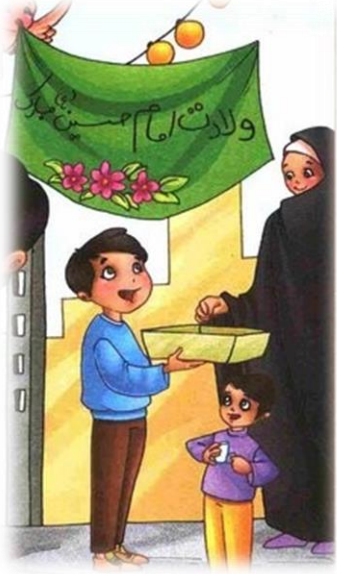
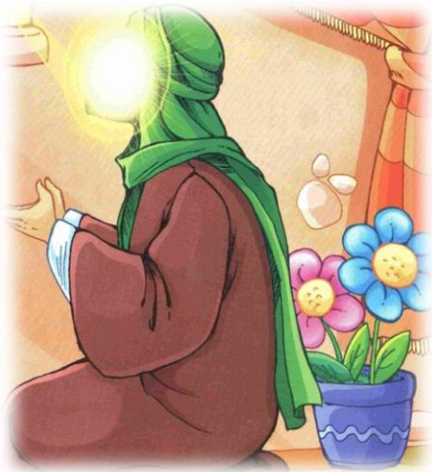


# Spiritual Activity BOOKLET



**Mahe Shaban 1441 AH**



1<sup>st</sup> Shaban  
HAPPY BIRTHDAY

to

شريكة الحسين

Complete the information

Name:

Father:

Mother:

Birth:

Death:



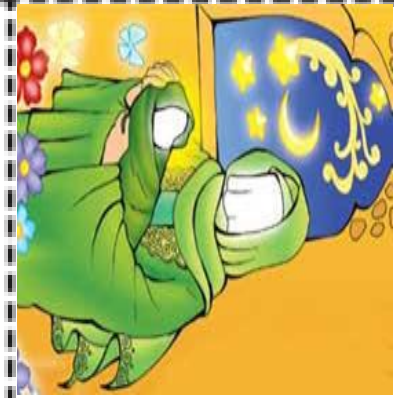
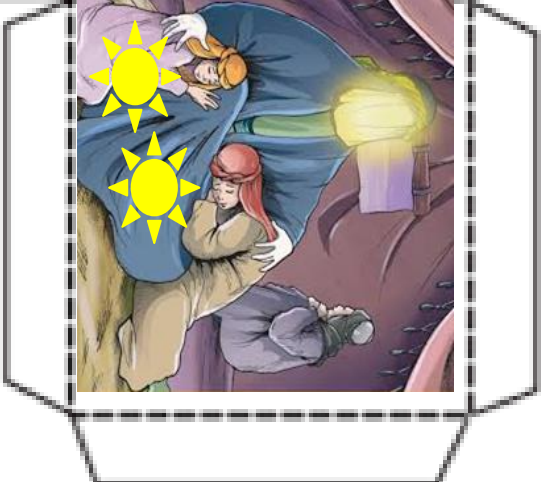
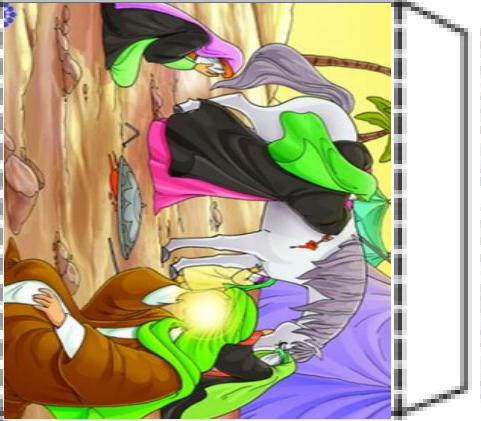
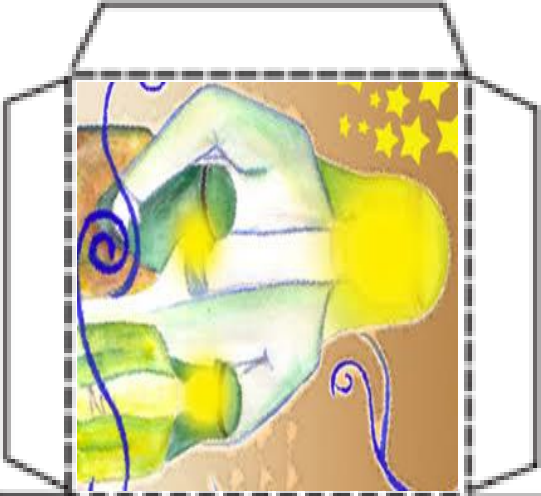
Rubab and her friends are having a conversation about what they have learnt from the life of *Sayyedah Zainab (sa)*

Can you fill in the speech bubbles to complete their conversation.

# Zainab, the Unschooled Scholar

*How to play:*

- *The cube has pictures related to Sayyedah Zainab (sa)*
- *Cut the cube along the lines and glue them, make sure the pictures face up*
- *As a family..... roll the dice and observe the picture and then match it to the given card*
- *The cards have a title of Bibi Zainab (sa), as a family discuss each title with reference to an event related to Karbala*
- *Let's together recite Dua e Farj (ajtf) and begin the game.....*



Bibi Zainab (as) was a spiritual  
worshipper, she loved to pray and fast  
She is known as

عابده، زابده

Asr e Ashura, Bibi Zainab (as) thanked Allah  
(swt)

that's why she got the title

راضيه بالقدر والقضاء

The one satisfied with divine decree and  
destiny

Bibi Zainab (sa) was born to Bibi Fatima  
(sa) and Imam Ali (as) on 5th  
Jamadiulawwal.

She is known as

نائبه الزهراء

The representative of Janabe Fatima (as)

She is known as شريكة الحسين because  
she was with Imam Hussain (as)  
throughout the journey along with her  
two sons Aun and Muhammad

Bibi Zainab (sa) was wise and shared  
her knowledge with others

She is known as

عالمه غير معلمه

The Unschooled Scholar

Shab e Ashura, Bibi Zainab (sa)  
prepared her sons Aun and  
Muhammad for the battle, she was  
الشجاعه meaning courageous and she  
transferred this quality into her two  
sons

3<sup>rd</sup> Shaban  
**HAPPY BIRTHDAY**

To

*Sayyidu'sh-Shuhada*

**Complete the information**

Name:

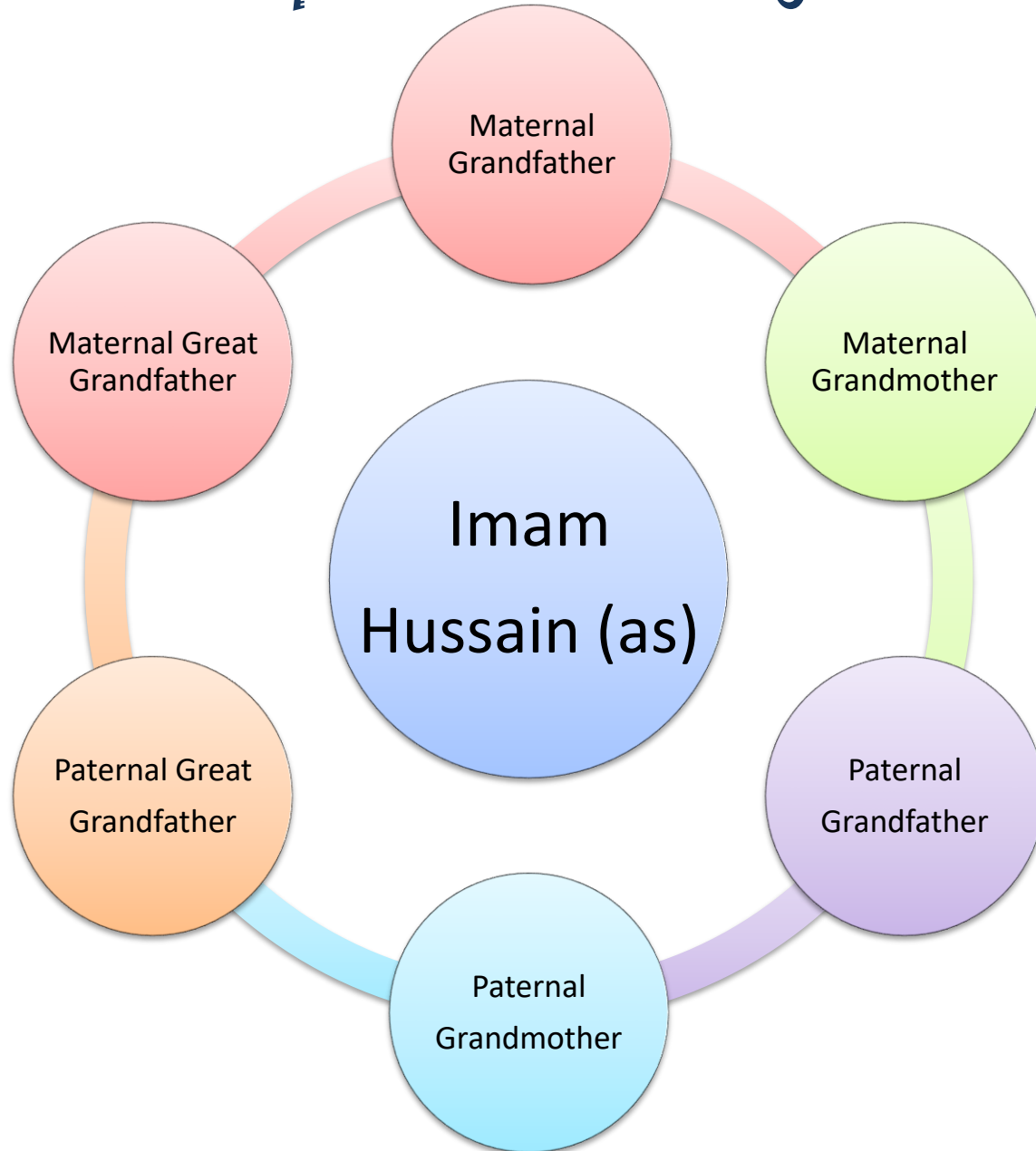
Father:

Mother:

Birth:

Death:

# Let's complete the lineage....





*This is what Imam Hussain (as)  
has to say  
about the disease of backbiting...*

**Do not say a word  
about your  
brother in his  
absence which  
you would not like  
him to say during  
your absence.**

**Imam Hussain (as)**



Have you ever done gheebah  
of anyone..

Have you ever taken part in such  
a conversation where gheebah is  
taking place...

How would you feel if anyone  
talks behind your back...

Research the Holy Quran about  
the Ayah on Gheebah

4<sup>th</sup> Shaban  
HAPPY BIRTHDAY  
To  
Qamar e Bani Hashim

Complete the information

Name:

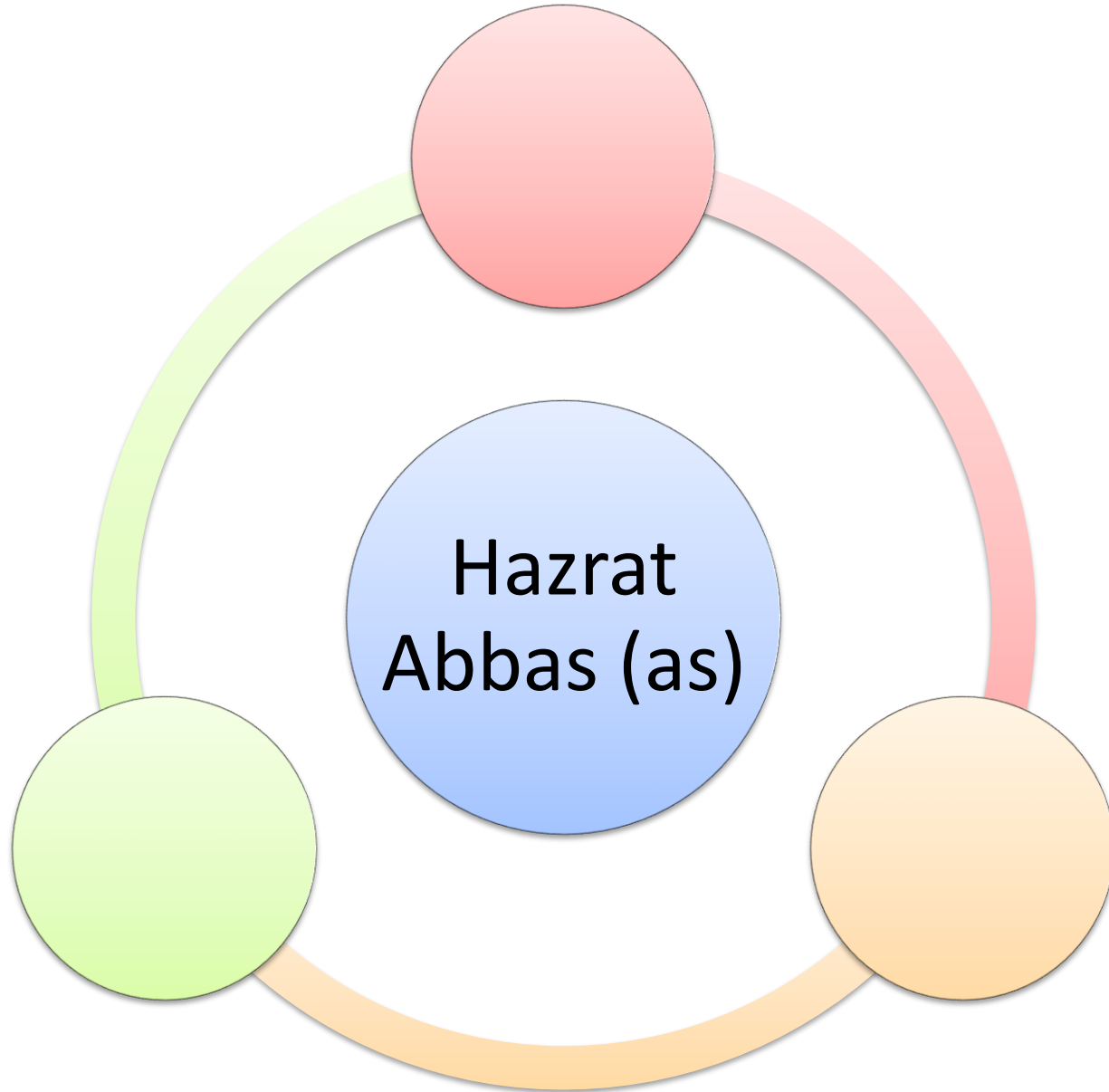
Father:

Mother:

Birth:

Death:

Let's write the famous titles ....



*5<sup>th</sup> Shaban*  
**HAPPY BIRTHDAY**  
*To*  
*Sayyidus-Sajideen*

**Complete the information**

Name:

Father:

Mother:

Birth:

Death:

Imam (as) Supplication for his Parents from Sahife Sajjadiya

(Dua no. 24).... دُعَاؤُهُ لِأَبَوَيْهِ

اللَّهُمَّ خَفِّضْ لَهُمَا صَوْتِي، وَأَطِبْ لَهُمَا كَلَامِي،  
وَأَلِنْ لَهُمَا عَرِيكَتِي، وَاغْطِفْ عَلَيْهِمَا قَلْبِي،

O God, lower before them my  
voice, make agreeable to them  
my words, make mild before  
them my temper, make tender  
toward them my heart

Read and discuss the situation ... how can you help Amna and Adeel become respectful to their Parents and elders...

“Its 4:00 pm Adeel and Amna, the guests will be coming soon, can you please help clean up the mess, said mum.” ..... Adeel..... Amna .... are you listening ..... mum yelled !!!

As mum entered the room she saw that Amna was busy playing subway surfer on her iPad and Adeel was busy watching wrestling.... I’ve been calling you two .... But seems like you are too busy , said mum... can you please help clean up, the guests will come anytime ....

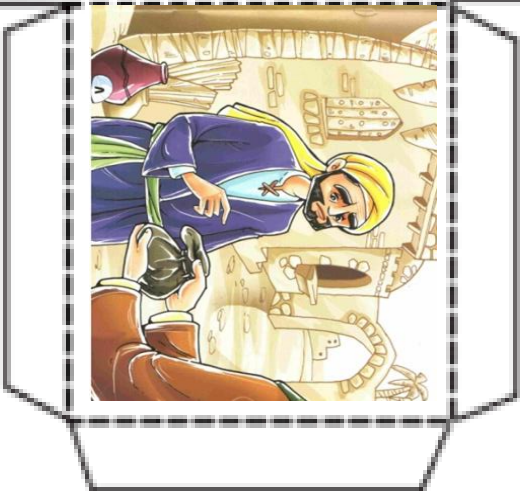
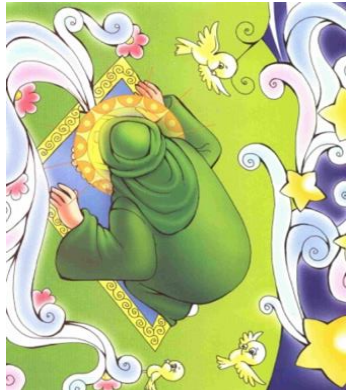
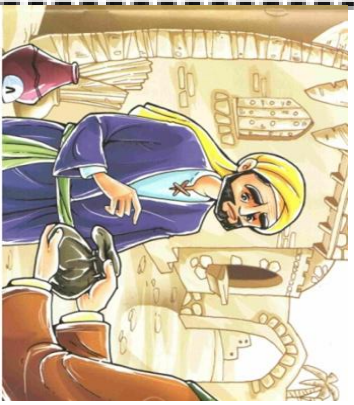
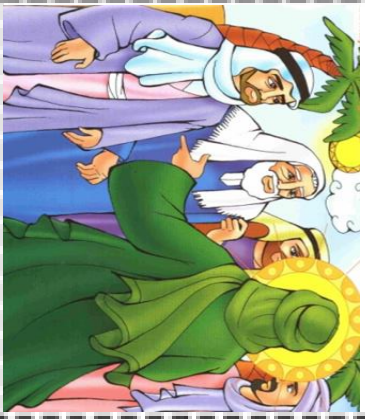
NO !!!! Screamed Adeel... I will not .. I didn’t do anything Amna has created the mess she will clean...and the two started to fight and scream at each other...



# My Special Dua Cube

How to play:

- The cube has pictures related to Duas from Sahife Sajjadiya by Imam Zainulabideen (as)
- Cut the cube along the lines and glue them, make sure the pictures face up
- As a family..... roll the dice and observe the picture and then match it to the given Dua cards
- You can take help from the book Sahife Sajjadiya and read the whole Dua as a family too
- Don't forget ..... Imam Zainulabideen (as) wrote these special spiritual duas after the events of Karbala, being his birthday on 5<sup>th</sup> Shaban let's promise to read, reflect and act on Imam (as) advices
- Let's together recite Dua e Farj (ajtf) and begin the game.....





اللَّهُمَّ اجْعَلْنِي أَصُولُ بِكَ عِنْدَ الضَّرُورَةِ وَ أَسْأَلُكَ عِنْدَ الْحَاجَةِ

O ALLAH, make me leap to Thee in times of distress, ask from Thee in needs,

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ آلِهِ وَ اخْجُبْنِي عَنِ السَّرَفِ وَ  
الْإِزْدِيَادِ وَ قَوْمِنِي بِالْبَدْلِ وَ الْإِقْتِصَادِ وَ عَلِّمْنِي حُسْنَ التَّقْدِيرِ

O ALLAH, bless MUHAMMAD and his Household prevent me from extravagance and excess, put me on the course of generous spending and moderation, teach me excellent distribution,

وَ وَفَّقْهُمْ لِإِقَامَةِ سُنَّتِكَ وَ الْأَخْذِ بِمَحَاسِنِ أَدَبِكَ فِي إِزْفَاقِ  
ضَعِيفِهِمْ وَ سَدِّ خَلَّتِهِمْ وَ عِيَادَةِ مَرِيضِهِمْ وَ هِدَايَةِ مُسْتَرْشِدِهِمْ

Give [my neighbors and friends] success in performing Thy prescriptions and taking on the beauties of Thy courtesy through acting gently with their weak, remedying their lacks, visiting their sick, guiding their seeker of right guidance

اللَّهُمَّ وَ مَنْ عَلَيَّ بِبَقَاءِ وُلْدِي وَ بِإِصْلَاحِهِمْ لِي وَ بِإِمْتَاعِي بِهِمْ

O ALLAH, be kind to me through the survival of my children,  
and setting them right for me, allowing me to enjoy them

اللَّهُمَّ فَلَكَ الْحَمْدُ عَلَى مَا فَلَقْتَ لَنَا مِنَ الْإِصْبَاحِ وَ مَتَّعْتَنَا بِهِ مِنْ ضَوْءِ النَّهَارِ

O ALLAH, to Thee belongs praise for the sky Thou hast split into dawn for  
us, giving us to enjoy thereby the brightness of daytime

اللَّهُمَّ اسْقِنَا الْعَيْثَ وَ انشُرْ عَلَيْنَا رَحْمَتَكَ بِعَيْثِكَ الْمُغْدِقِ مِنَ السَّحَابِ الْمُنْسَاقِ لِنَبَاتِ  
أَرْضِكَ الْمُونِقِ فِي جَمِيعِ الْأَفَاقِ

O ALLAH, water us with rain, unfold upon us Thy mercy  
through Thy copious rain from the driven clouds, so that Thy  
goodly earth may grow on all horizons



In this Blessed Month two heroes of  
Karbala were born...

**Hazrat Qasim**  
And  
**Hazrat Ali Akbar**

With the help of an adult  
search the following...

- ❖ Birth date
- ❖ Family relation
- ❖ Famous statement



Let's do some Math ....

Imam Mehdi (ajtf) was born in the year  
255 AH  
and currently it's 1441 AH

Subtract the two numbers  
to find out the age .....

$$1441 - 255 =$$

*Its Imam Mehdi (ajtf)  
Birthday*

# Lets Reflect....

Imam Mehdi (ajtf) on the Virtues of Prayers has said:

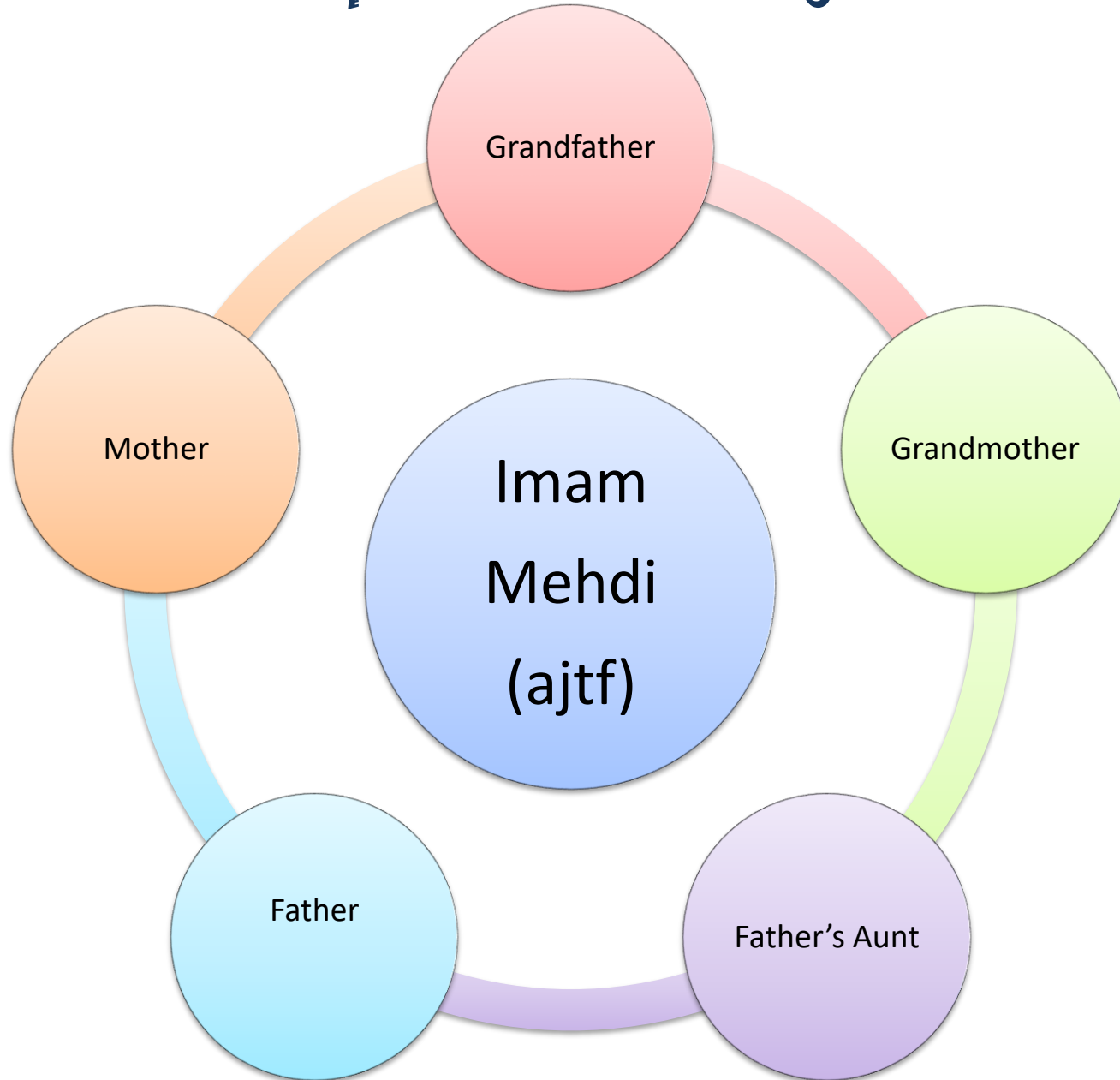
**“NOTHING DISGRACES SATAN LIKE PRAYERS, SO PRAY AND DISGRACE SATAN.”**

What do you think of Prayer ...

Do you like to perform Prayer on time...

How often do you disgrace satan ...

# Let's complete the lineage ....





# Roll your Dice and play the board game .....

Lets begin our Journey 😊

Imam Birth date and year

Imam Grandfather's name

Recite Dua e Farj (ajtf) and take another turn 😊

How is Bibi Hakeema related to Imam

## Steps Towards FarAj (Ajtf)

Roll the dice, land on a box, answer the question and become Imam (ajtf) soldier

When and where did Imam (ajtf) go into occultation

Recite Dua e Farj

Recite the Ayat recited by Imam on birth

Who was Imam's father

Jump 2 steps 😊

Imam's mother was the Princess of ...

Recite Salawaat and Jump 2 steps

Recite Dua e Ghareeq

Explain the difference Muntazir Muntazar

Recite Salawaat and win the game 😊

How old is Imam (ajtf)

**You are Imam (ajtf) soldier 😊**

# Let's match the deputies of Imam (ajff)....

'Uthman ibn Sa'id 'Amri	The third deputy
Muhammad ibn 'Uthman ibn Sa'id 'Amri	The fourth deputy
Abul-Qasim Husayn ibn Ruh Nowbakhti	The first deputy
Abul-Hasan Ali ibn Muhammad Samuri	The second deputy

***Which of the above deputies do we address while writing our Ariza???***

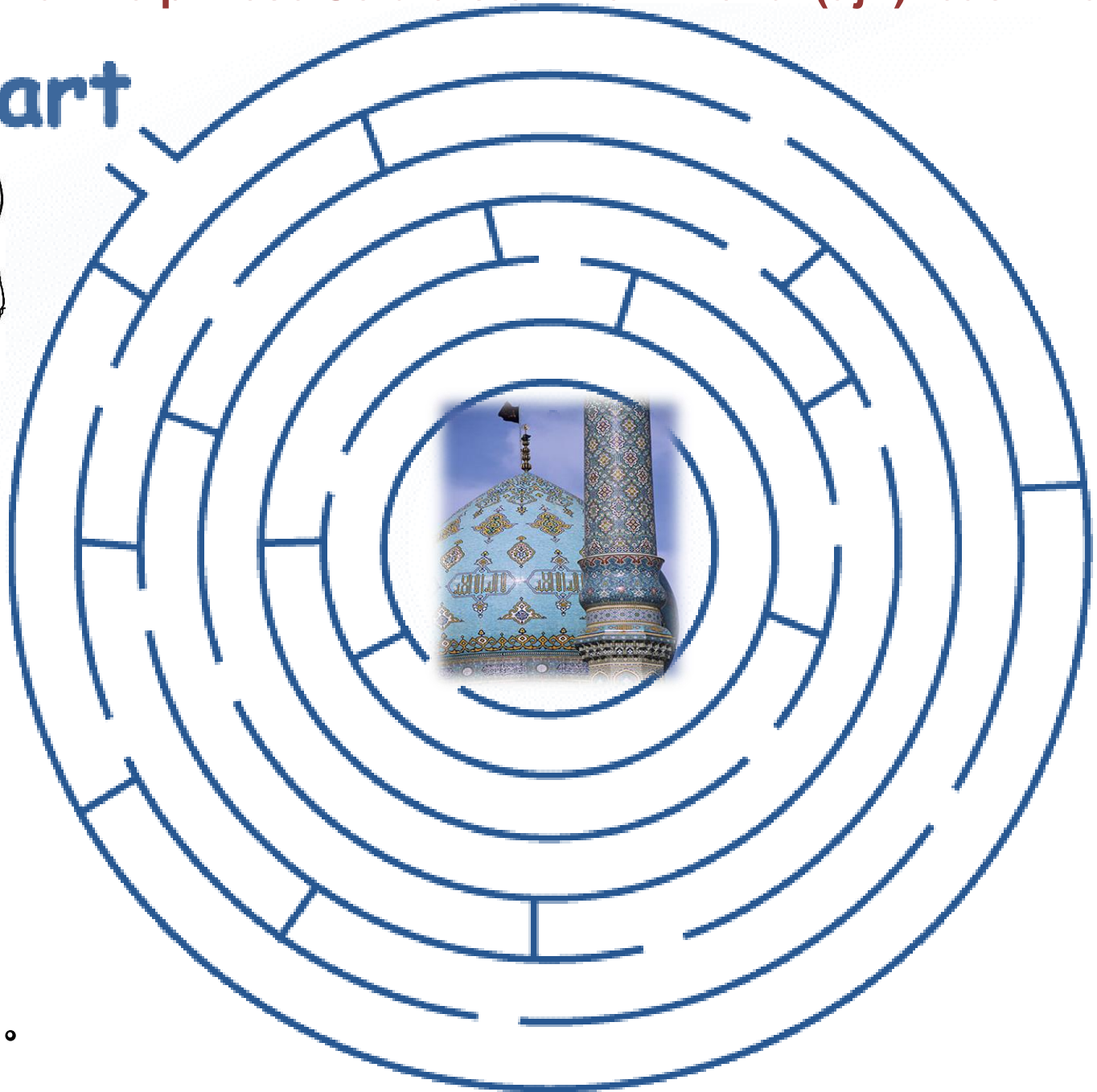


# Let's Match Imam (ajtf) title with meaning ....

Title	Meaning
Al Qa'im	The Proof
Al Muntazar	Master of the age
Al Muntazir	The present one
Al Mehdi	The awaited one
Al Hujjah	The Guided
Sahebuz Zamaan	The one who is awaiting

Its Shab e Jummah help these Soldiers of Imam Mehdi (ajtf) reach Masjid e Jamkaran

Start



Lets  
Play  
a  
Maze ...

**Lets Reflect ....**



The Prophet (s) said,

“The Mehdi is from my family, from the sons of Fatima.”

**IMAM MEHDI (AJTF) has said;**

***As to the benefit of my existence in ghaibat, it is like the benefit of the sun behind clouds where the eyes do not see***

**If IMAM MEHDI AJTF is always thinking of us... are we???**

Let's make a list of things we **DO** for **OUR IMAM MEHDI (AJTF)**


# Let's Read and Learn....

Imam Jafer Sadiq (as) said,

"After this a time of such doubt will befall you that you will be without the visible signs and a guiding Imam. And no one shall be able to achieve salvation from this except those who recite "Dua-e-Ghareeq."

يَا اللَّهُ يَا رَحْمَنُ يَا رَحِيمُ يَا مُقَلِّبَ الْقُلُوبِ  
ثَبِّتْ قَلْبِي عَلَى دِينِكَ۔

O Allah! O Beneficent! O Merciful.  
O One who changes the hearts (of people)  
Give me steadfastness upon Your religion

# Lets have some craft time . . . .

Imam Mehdi (ajtf) has said:  
Pray for my reappearance, as their victory depends on it.

One of the best ways to pray for Imam (ajtf) is to give sadaqah for his safety and his quick Re appearance. With the help of an adult design a Sadaqah Box using low cost no cost material and make a habit of putting Sadaqah in it every morning.



# Lets learn the translation of Dua e Farj

O Allah, be, for Your representative, the Hujjat (proof), son of AlHassan, Your blessings be on him and his forefathers, in this hour and in every hour, a guardian, a protector, a leader, a helper, a proof, and an eye until You make him live on the earth, in obedience (to You), and cause him to live in it for a long time.

